

Outdoor Adventurous Activities							
Key Skill	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>OAA - Trails</b>				<p>Orientate themselves with increasing confidence and accuracy around a short trail.</p>	<p>Orientate themselves with accuracy around a short trail. Create a short trail for others with a physical challenge.</p> <p>Start to recognise features of an orienteering course.</p>	<p>Start to orientate themselves with increasing confidence and accuracy around an orienteering course.</p> <p>Design an orienteering course that can be followed and offers some challenge to others.</p> <p>Begin to use navigation equipment to orientate around a trail.</p>	<p>Orientate themselves with confidence and accuracy around an orienteering course when under pressure.</p> <p>Design an orienteering course that is clear to follow and offers challenge to others.</p> <p>Use navigation equipment (maps, compasses) to improve the trail.</p>
<b>OAA - Problem Solving</b>				<p>Identify and use effective communication to begin to work as a team.</p>	<p>Communicate clearly with other people in a team, and with other teams.</p>	<p>Use clear communication to effectively complete a particular role in a team.</p>	<p>Use clear communication to effectively complete a particular role in a team.</p>

				<p>Identify symbols used on a key.</p>	<p>Have experience of a range of roles within a team and begin to identify the key skills required to succeed at each.</p> <p>Associate the meaning of a key in the context of the environment.</p>	<p>Complete orienteering activities both as part of a team and independently.</p> <p>Identify a key on a map and begin to use the information in activities.</p>	<p>Compete in orienteering activities both as part of a team and independently.</p> <p>Use a range of map styles and make an informed decision on the most effective.</p>
<p><b>OAA - Preparation and Organisation</b></p>				<p>Begin to choose equipment that is appropriate for an activity.</p>	<p>Try a range of equipment for creating and completing an activity.</p> <p>Make an informed decision on the best equipment to use for an activity.</p> <p>Plan and</p>	<p>Choose the best equipment for an outdoor activity.</p> <p>Create an outdoor activity that challenges others.</p> <p>Create a simple plan of an activity for others to</p>	<p>Choose the best equipment for an outdoor activity.</p> <p>Prepare an orienteering course for others to follow.</p> <p>Identify the quickest route to accurately</p>

					organise a trail that others can follow.	follow.  Identify the quickest route to accurately navigate an orienteering course.	navigate an orienteering course.  Manage an orienteering event for others to compete in.
<b>OAA - Communication</b>				Communicate with others.	Communicate clearly with others.  Work as part of a team.  Begin to use a map to complete an orienteering course.	Communicate clearly and effectively with others.  Work effectively as part of a team.  Successfully use a map to complete an orienteering course.  Begin to use a compass for navigation.	Communicate clearly and effectively with others when under pressure.  Work effectively as part of a team, demonstrating leadership skills when necessary.  Successfully use a map to complete an orienteering course.  Use a compass for navigation.

							Organise an event for others.
<b>Compete and perform</b>				<p>Begin to complete activities in a set period of time.</p> <p>Begin to offer an evaluation of personal performances and activities.</p>	<p>Complete an orienteering course more than once and begin to identify ways of improving completion time.</p> <p>Offer an evaluation of both personal performances and activities.</p> <p>Start to improve trails to increase the challenge of the course.</p>	<p>Complete an orienteering course on multiple occasions, in a quicker time due to improved technique.</p> <p>Offer a detailed and effective evaluation of both personal performances and activities.</p> <p>Improve a trail to increase the challenge of the course.</p>	<p>Complete an orienteering course on multiple occasions, in a quicker time due to improved technique.</p> <p>Offer a detailed and effective evaluation of both personal performances and activities with an aim of increasing challenge and improving performance.</p> <p>Listen to feedback and improve an orienteering</p>

							course from it.
<b>Evaluate</b>				<p>Watch, describe and evaluate the effectiveness of a performance.</p> <p>Describe how their performance has improved over time.</p>	<p>Watch, describe and evaluate the effectiveness of performances, giving ideas for improvements.</p> <p>Modify their use of skills or techniques to achieve a better result.</p>	<p>Choose and use criteria to evaluate own and others' performances.</p> <p>Explain why they have used particular skills or techniques, and the effect they have had on their performance.</p>	<p>Thoroughly evaluate their own and others' work, suggesting thoughtful and appropriate improvements.</p>