Games							
Key Skill	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6

Striking	Hit a ball	Use hitting	Strike or hit a	Demonstrate	Use a bat,	Use different	Hit a bowled
and Hitting	with a bat or	skills in a	ball with	successful	racquet or	techniques to	ball over
a ball	racquet.	game.	increasing	hitting and	stick (hockey)	hit a ball.	longer
			control.	striking skills.	to hit a ball or		distances.
		Practise basic			shuttlecock	Identify and	
		striking,	Learn skills for	Develop a	with accuracy	apply	Use good hand-
		sending and	playing striking	range of skills	and control.	techniques for	eye
		receiving.	and fielding	in striking (and		hitting a	coordination to
			games.	fielding where	Accurately	tennis ball.	be able to
				appropriate).	serve		direct a ball
			Position the		underarm.	Explore when	when striking
			body to strike	Practise the	Build a rally	different	or hitting.
			a ball.	correct	with a partner.	shots are best	
				batting		used.	Understand
				technique and	Use at least		how to serve in
				use it in a	two different	Develop a	order to start
				game.	shots in a game	backhand	a game.
				Strike the ball	situation.	technique and	
				for distance.		use it in a	
					Use hand-eye	game.	
					coordination to		
					strike a moving	Practise	
					and a	techniques for	
					stationary ball.	all strokes.	
						Play a tennis	
						game using an	
						overhead	
						serve.	

Throwing	Roll	Throw	Throw	Throw and	Develop	Consolidate	Throw and
and Catching	equipment in	underarm and	different	catch with	different ways	different	catch
a ball	different	overarm.	types of	greater	of throwing	ways of	accurately and
	ways.		equipment in	control and	and catching.	throwing and	successfully
		Catch and	different	accuracy.		catching, and	under pressure
	Throw	bounce a ball.	ways, for			know when	in a game.
	underarm.		accuracy and	Practise the		each is	
		Use rolling	distance.	correct		appropriate in	
	Throw an	skills in a		technique for		a game.	
	object at a	game.	Throw, catch	catching a ball			
	target.		and bounce a	and use it in a			
		Practise	ball with a	game.			
	Catch	accurate	partner.				
	equipment	throwing and		Perform a			
	using two	consistent	Use throwing	range of			
	hands.	catching.	and catching	catching and			
			skills in a	gathering			
			game.	skills with control.			
			Throw a ball				
			for distance.	Catch with			
				increasing			
			Use hand-eye	control and			
			coordination to	accuracy.			
			control a ball.	Throw a ball in			
				different ways			
			Vary types of	(e.g. high, low,			
			throw used.	fast or slow).			
				Develop a safe			
				and effective			
				overarm bowl.			

Travelling with a ball	Move a ball in different ways, including bouncing and kicking. Use equipment to control a ball.	Travel with a ball in different ways. Travel with a ball in different directions (side to side, forwards and backwards) with control and fluency.	Bounce and kick a ball whilst moving. Use kicking skills in a game. Use dribbling skills in a game.	Move with the ball in a variety of ways with some control. Use two different ways of moving with a ball in a game.	Move with the ball using a range of techniques showing control and fluency.	Use a variety of ways to dribble in a game with success. Use ball skills in various ways, and begin to link together.	Show confidence in using ball skills in various ways in a game situation, and link these together effectively.
Passing a ball	Kick an object at a target.	Pass the ball to another player in a game. Use kicking skills in a game.	Know how to pass the ball in different ways.	Pass the ball in two different ways in a game situation with some success.	Pass the ball with increasing speed, accuracy and success in a game situation.	Pass a ball with speed and accuracy using appropriate techniques in a game situation.	Choose and make the best pass in a game situation and link a range of skills together with fluency, e.g. passing an receiving the ball on the move.

Possession				Know how to keep and win back possession of the ball in a team game.	Occasionally contribute towards helping their team to keep and win back possession of the ball in a team game.	Keep and win back possession of the ball effectively in a team game.	Keep and win back possession of the ball effectively and in a variety of ways in a team game.
Using Space	Move safely around the space and equipment. Travel in different ways, including sideways and backwards.	Use different ways of travelling in different directions or pathways. Run at different speeds. Begin to use space in a game.	Use different ways of travelling at different speeds and following different pathways, directions or courses. Change speed and direction whilst running. Begin to choose and use the best space in a game.	Find a useful space and get into it to support teammates.	Make the best use of space to pass and receive the ball.	Demonstrate an increasing awareness of space.	Demonstrate a good awareness of space.

Attacking and Defending	Play a range of chasing games.	Begin to use the terms attacking and defending. Use simple defensive skills such as marking a player or defending a space. Use simple attacking skills such as dodging to get past a defender.	Begin to use and understand the terms attacking and defending. Use at least one technique to attack or defend to play a game successfully.	Use simple attacking and defending skills in a game. Use fielding skills to stop a ball from travelling past them.	Use a range of attacking and defending skills and techniques in a game. Use fielding skills as an individual to prevent a player from scoring.	Choose the best tactics for attacking and defending. Shoot in a game. Use fielding skills as a team to prevent the opposition from scoring.	Think ahead and create a plan of attack or defence. Apply knowledge of skills for attacking and defending. Work as a team to develop fielding strategies to prevent the opposition from scoring.
Tactics and Rules	Follow simple rules.	Follow simple rules to play games, including team games. Use simple attacking skills such as dodging to get	Understand the importance of rules in games. Use at least one technique to attack or defend to play a game	Apply and follow rules fairly. Understand and begin to apply the basic principles of invasion games.	Vary the tactics they use in a game. Adapt rules to alter games.	Know when to pass and when to dribble in a game. Devise and adapt rules to create their own game.	Follow and create complicated rules to play a game successfully. Communicate plans to others during a game.

		past a defender. Use simple defensive skills such as marking a player or defending a space.	successfully.	Know how to play a striking and fielding game fairly.			Lead others during a game.
Compete and Perform – Games	Control my body when performing a sequence of movements. Participate in simple games.	Perform using a range of actions and body parts with some coordination. Begin to perform learnt skills with some control. Engage in competitive activities and team games.	Perform sequences of their own composition with coordination. Perform learnt skills with increasing control. Compete against self and others.	Develop the quality of the actions in their performances. Perform learnt skills and techniques with control and confidence. Compete against self and others in a controlled manner.	Perform and apply skills and techniques with control and accuracy. Take part in a range of competitive games and activities.	Consistently perform and apply skills and techniques with accuracy and control. Take part in competitive games with a strong understanding of tactics and composition.	Perform and apply a variety of skills and techniques confidently, consistently and with precision. Take part in competitive games with a strong understanding of tactics and composition.

Evaluate -	Talk about	Watch and	Watch and	Watch,	Watch,	Choose and use	Thoroughly
Games	what they have done.	describe performances.	describe performances, and use what	describe and evaluate the effectiveness	describe and evaluate the effectiveness	criteria to evaluate own and others'	evaluate their own and others' work,
	Talk about what others	Begin to say how they could	they see to improve their	of a performance.	of performances,	performance.	suggesting thoughtful an
	have done.	improve.	own performance.	Describe how their	giving ideas for improvements.	Explain why they have used particular	appropriate improvements
			Talk about the differences between their work and that of others.	performance has improved over time.	Modify their use of skills or techniques to achieve a better result.	skills or techniques, and the effect they have had on their performance.	