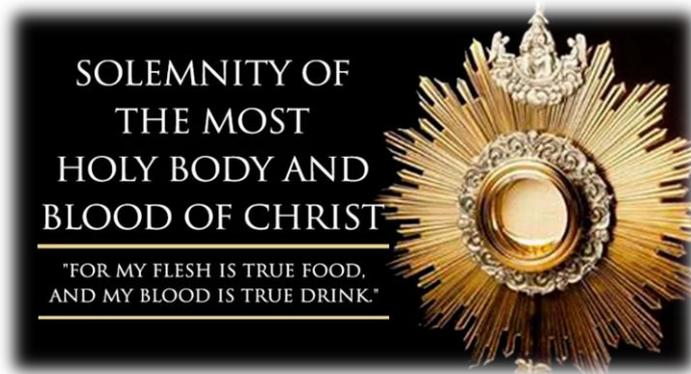


The Feast of Corpus Christi

Thursday 30th May 2024



On the Solemnity of the Holy Body and Blood of the Lord (Corpus Christi), we are reminded of the gift Jesus gave us of Himself in the Eucharist. With these family prayer ideas for children of all ages, we reflect on how the Eucharist challenges us to reach out to our sisters and brothers, as well as what it means for us to be part of the body of Christ.

Family Prayer Ideas

Bread from around the world

Bread is a simple food that is eaten in many countries. Gather some different types of bread from around the world for this prayer activity, depending on what is available in your local shops. Some examples might include: naan, roti or paratha from India, tortillas from El Salvador, baguette from France, focaccia or ciabatta from Italy, injera from Ethiopia etc.

You could simply pray for the people of the country that each type of bread you have found is from. Or you could have the bread as a focal point as you share a prayer for all our brothers and sisters:

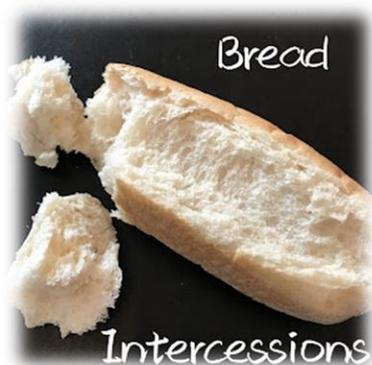
Jesus, Bread of Life,
feed our faith,
help us to share fairly,
to find joy in our differences,
and to love one another
as you have loved us.
Amen.



Don't forget to enjoy sharing and eating the different types of bread afterwards!

Creative Bread Intercessions

You will need: Enough bread rolls to pass around your family, so that everyone will be able to tear off a piece.



1. Pass around the bread and ask everyone to tear off a chunk and to hold it in their hand. Pray for those people who live in places that are torn apart by war. Pray for those people who are ill and ask for healing. Pray for those with broken relationships.



2. When everyone has a piece of bread, ask them to hold it in their hands as you pray the next section. Pray for all those who need to know that God is with them and that they are not alone—those who have lost someone close to them, those who are lonely, those who are sad and those who are worried.



3. Ask everyone to eat their piece of bread. Thank God for the food we have. Pray for all those who are hungry and don't have enough food to eat. Pray for those who help to run food banks and feed the homeless. Pray that we will all be people who help those in need.

Please share photos with us via Twitter/X @StBernsPrimary